



MILLBROOK

QUEENSTOWN : NEW ZEALAND

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AND ESC TO EXIT



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THE SPA AT MILLBROOK

THE ESSENCE OF RELAXATION





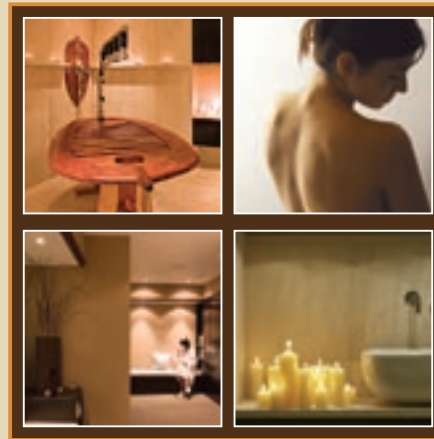
THE ESSENCE OF RELAXATION



As the embrace of the mountain landscape and the surrounds of Millbrook work their calming magic, you will feel yourself slipping into a relaxed frame of mind the minute you arrive at the resort.

The Spa at Millbrook is a total spa experience, with leading edge treatments designed for head to toe restoration. Immerse your spirit in the beauty of Millbrook's landscape and your body in the soothing, unadulterated luxury of The Spa at Millbrook.





DAY SPA PACKAGES

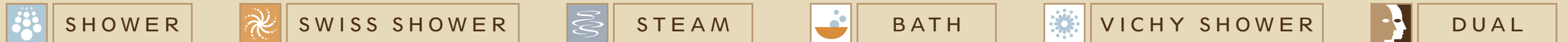
CHOOSE FROM OUR MENU OF RECOMMENDED DAY SPA PACKAGES



Our therapists have combined the following selections as treatment programme recommendations. Time for rest and relaxation has been allowed within each package, while encouraging you to spend as much time as you can with us. Feel free to discuss with us the package that best suits your individual needs.

PLEASE NOTE: Dual treatments mean our treatment rooms are designed with couples and friends in mind, with a therapist available for each person. Look out for the Dual icon (shown below) in the brochure or enquire at The Spa reception desk.

TREATMENT KEY



PETITE PAMPER

A refreshing choice if time is limited. Try the delightful combination of a half hour of massage therapy followed by the Plaisir D'Aromes Facial, finishing with a manicure or pedicure. This is also an ideal package for mothers-to-be. Allow 2 hours and 30 minutes - \$220

SECRET DE BEAUTÉ

Your choice of an aromatic soak bath, or aromatic steam, followed by the application of marine mineral salts and essential oils for a full body exfoliation. A gentle massage with a fine, vitamin enriched hydrating milk follows, finishing with a nourishing foot mask and the exceptional Vital Intense facial. Allow 3 hours - \$310

JANESCE REJUVENATE

Relax and indulge with Janesce Skin Solutions – an integrated, dedicated, plant-based skincare range based on a whole philosophy of caring for your skin both inside and out. Start with the body wrap – a specialised body masque is applied and you are then cocooned in a thermal wrap to ensure best results. Finish with the Janesce facial – customised for your individual skin type, including cleansing, exfoliation and warm mist of steam.

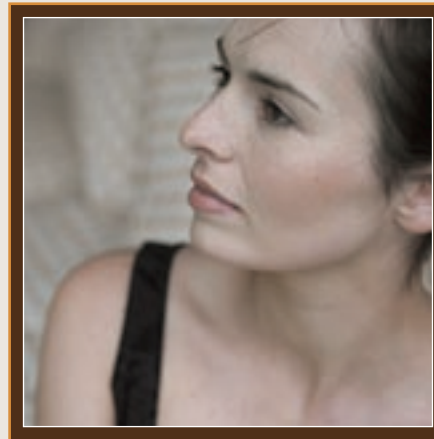
NOTE: facial and body treatments available individually.

Allow 3 hours - \$290

COUPLES PACKAGE

Together in our steam room, enjoy a full body exfoliation, moving onto a dual one-hour massage. Then enjoy a glass of Champagne or freshly squeezed juice before choosing from a manicure or pedicure. Allow 3 hours - \$290pp





FOR THE FACE
EXPERIENCE THE DIFFERENCE



**Actress Lauren Bacall once said, "I think your whole life shows in your face and you should be proud of that."
A beautiful face is not about the perceptions of others; it's about radiating health, personality and inner vitality.**

ESCALE BEAUTÉ: THE BEAUTY BREAK 

Whatever the reason, take time out and treat yourself to a beauty break. Citrus scent combined with a lavender fragrance re-energises and stimulates the face, while a selection of botanical extracts replenish the skin, revealing a soft, soothed complexion. Allow 45 minutes - \$90

ÉCLAT CONTOUR: THREE EYE CONTOUR TREATMENTS

Choose as a stand-alone treatment combined with a facial cleanse, exfoliation and specific massage to help combat puffiness, dark circles and signs of ageing. Allow 45 minutes – \$80 or add to an existing facial of your choice. Allow an additional 15 minutes - \$45



RELAXING FACIAL

An aromatic and relaxing facial. A moment of real softness that revitalises your skin and restores its tone and vitality in a balancing atmosphere of essential oils. You are left calm and your complexion glowing with health. Allow 1 hour - \$120

LE GRAND CLASSIQUE: DEEP PORE CLEANSING, RESTORING AND RELAXING FACIAL

A truly personalised treatment, this five step progressive cleansing programme is without irritation thanks to an exclusive Yon-Ka process. With a relaxing massage and balancing natural aromas, your skin is left truly clean and your complexion radiant. Allow 1 hour - \$120

HYDRALESSENCE VISAGE: LONG-LASTING, DEEP HYDRATING FACIAL

This high performance, deep hydrating facial will revive the most dehydrated complexions, eliminating signs of stress and helping your skin to re-balance. Allow 1 hour and 15 minutes - \$140

OPTIMISER: LIFT-EFFECT FACIAL

Every part of this treatment encourages flawless skin and perfect tone, thanks to the regenerative action of extracts including horsetail, rosehip and collagen. In just over an hour, your face is "lifted" with a redefined contour and replenished radiance.

Allow 1 hour and 15 minutes - \$140

ALPHA-VITAL: RESURFACING FRUIT ACID FACIAL

A renewal treatment for environmentally damaged skin, using organically sourced AHA-BHA from natural fruits. In four progressive treatments you benefit from a true anti-ageing programme. Wrinkles and fine lines fade away. Your skin is left looking softer and firmer.

Allow 1 hour and 15 minutes. \$140 or \$480 for four treatments



FOR THE BODY

IF YOUR BODY FEELS GREAT YOU WILL TOO



Daily stresses and strains conspire to deplete your body of its natural vitality and lustre. Body skin care is something many of us simply don't have time for. Our body therapy treatments enrich the outer body and restore a total sense of well-being.

SOIN VELOURS: Moisturising body polish treatment

A marine mineral salt exfoliation with energising properties is followed by a gentle massage with a fine, vitamin-enriched hydrating milk leaving your skin as soft as velvet. Allow 1 hour - \$140

GOMMAGE MARIN: Toning body polish

Consisting of a thorough exfoliation treatment on our Vichy bed that leaves your skin soft and satin smooth. The energising scrub is a concentrate of Guerande sea salt and Breton algae, enriched with essential oils of verbena, rosemary and petit grain.

Allow 45 minutes - \$130



PHYTO-MARINE: MARINE CLAY OR SEAWEED BODY WRAP

This treatment offers two options: a full body mask of either marine clay, rich in Kawa Kawa extracts, or micronised seaweed rich in detoxifying anti-fatigue properties. Both choices are complemented by stimulating essential oils and a conditioning hair mask. Allow 1 hour and 30 minutes - \$190

HYDRALESSENCE CORPS

You'll love this moisturising and comforting treatment that leaves your skin smooth and velvety: the marine salt scrub that exfoliates and moisturises, the divine seaweed body wrap and the relaxing massage with a concentrate of active ingredients. Allow 1 hr and 30 minutes - \$190

YON-KA BODY DETOX

Stimulate your lymphatic and circulatory system with a special blend of essential oils, followed by an invigorating Swiss shower. We then wrap your body in linen that has been infused with herbs and essential oils, with a hair conditioning treatment applied while you experience a relaxing scalp massage. Allow 1 hour and 30 minutes - \$190

STEAM INFUSION

Using the effects of steam to cleanse, an exfoliation is performed combining enriched oils of lavender, rosemary and thyme, followed by cool smooth stones gliding over the body. The treatment is complemented with a hydrating facial and hair mask. Allow 45 minutes - \$130

ST TROPEZ: Exfoliation and tanning

St Tropez contains natural vegetable dyes, fruit acids and Aloe Vera to eliminate streaking. We offer a full body exfoliation, an application of moisturiser and auto-bronzant applied to your entire body or targeted areas.

Allow 1 hour and 15 minutes - \$120

PURE FIJI "SOLE TO SOUL" BODY TREAT

Enjoy a warm milk bath foot soak, a sugar rub or cream scrub to buff away rough skin and the application of foot mask and wrap. Prior to a relaxing massage, the sugar rub is applied to your back, then the Pure Fiji facial-cleanse and facial massage, finishing with a conditioning hair and scalp ritual. Allow 1 hour and 15 minutes - \$160



MASSAGE

THE ULTIMATE WAY TO DE-STRESS THE BODY



As the therapist's skilful hands transform your body, your mind will drift pleasantly away, leaving you with a deep sense of relaxation.

VICHY MASSAGE



This ultimate treatment features water therapy and massage performed simultaneously by our therapist. Relax on our acacia cedar wood table under a cascade of water jets and let your tension melt away. Allow 45 minutes - \$100

AROMA STONE MASSAGE

Combined with detoxifying, relaxing or energising Yon-Ka essential oils, heated basalt stones caress and massage your body with gentle presence and rhythm. Used as a tool, they induce a deep state of relaxation and well-being through their weight, shape and finish.

Allow 1 hour and 30 minutes - \$190





AROMA LUXE MASSAGE

Using essential oils to revive mind and body, you will be massaged from head to toe allowing you to detox, energise and relax.

1 hour - \$120 or 30 minutes - \$65

MASSAGE THERAPY

This classic, firm massage promotes a sense of wellbeing by increasing your blood circulation and lymphatic flow, leaving you relaxed and rested. 1 hour - \$110 or 30 minutes - \$65

DEEP TISSUE

A deep massage using pressure techniques and Swedish movements for exceptional muscle relief. 1 hour - \$110 or 30 minutes - \$65

NECK AND SHOULDER MASSAGE

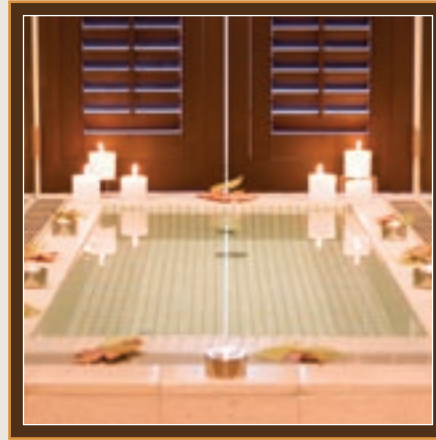
Swedish and effleurage movements focusing on the neck, shoulders and lower back, relieving stressed muscles and tension.

Allow 30 minutes - \$65

FEET FIRST

This is a truly wonderful massage for the feet and lower legs. Allow 30 minutes - \$65





ADDITIONAL TREATMENTS

SOAK BATH

An invigorating bath with the pure essential oils of lavender, sage, petit grain and rosemary. Enjoy before or after your treatment.

Allow an extra 30 minutes - \$50

SWISS SHOWER

12 variable showerheads deliver an invigorating shower that stimulates the circulatory and lymphatic system, assisting in the elimination of toxins. Allow an extra 15 minutes - \$40

PRE STEAM

Use the benefits of steam to soothe and relax muscles. Allow an extra 30 minutes - \$30pp





HANDS & FEET

PAMPER AND SOOTHE STRESS AREAS



All hand and foot treatments include cuticle trimming, shaping, buffing, and painting of nails.

MANICURE

Enriched protein creams are used to nourish the skin and nails. Select your preferred colour from our professional lacquer range.

Allow 45 minutes - \$70

French Polish. Allow additional 15 minutes - \$15

PEDICURE

This unique pedicure begins with a softening soak before a gentle exfoliation. A foot massage will soothe the skin, with nails painted to the colour of your choice. Allow 45 minutes - \$70





WAX VELVET

For many years the benefits of paraffin wax have been used in the treatment of aching hands or feet. Its softening and hydrating qualities leave your skin silky and smooth. Allow 1 hour - \$95

SPA SENSATION

This supreme indulgence offers exfoliation and the nourishing benefits of a rich hydrating mask for hands or feet. This is followed by our wax velvet treatment. Allow 1 hour and 15 minutes - \$115





*“The warm scent of essential oils, a rejuvenating touch, gentle and enveloping,
a sense of well-being and complete calm...”*



ESPECIALLY FOR MEN
DAY SPA PACKAGES DESIGNED FOR MEN



All body treatments at The Spa are suitable for our male clients. We have also formulated options specifically for men.

TEST TRY 

This introduction to The Spa experience for men includes a Vichy Massage - a variation on traditional massage combining water and massage therapy. Followed by the Le Grand Classique facial, plus a product test pack from Yon-Ka. Allow 2 hours - \$210

IMPACT 

Relax and relieve stress and aches. Begin with an aromatic steam exfoliation to warm and release the muscles. Then enjoy a therapeutic or deep tissue massage to work away the tension. Allow 1 hour and 45 minutes - \$180

GOLFER'S REVIVER 

A hydrotherapy Swiss shower that stimulates and detoxifies the body, followed by a one hour massage that will refresh you for another day's play. Allow 1 hour and 30 minutes - \$140





FACIALS FOR MEN

CLEANSER AND TONE FOR PERFECT GROOMING



LE GRAND CLASSIQUE

Restore and calm shaved-skin irritation with deep pore cleansing and a clay mask to revitalise and protect the skin.

Allow 1 hour - \$120

L'ANTI-AGE

Recommended for all ages, this special grooming and conditioning treatment will replenish skin that has been damaged from over exposure to the elements and lack of attention. Allow 1 hour and 15 minutes - \$135

NAIL GROOMING

Hand scrub, nail tidy, cuticle trimming and choice of buff or nail hardener. Allow 45 minutes - \$55

PERSONAL GROOMING

Eyebrow shaping Allow 15 minutes – from \$15

Waxing - Back / Chest from \$35.





FINISHING TOUCHES

WAXING

Full Leg (Allow 45 minutes)	\$65
Half Leg (Allow 30 minutes)	\$40
Bikini (Allow 30 minutes)	\$30
Brazilian First Time (Allow 1 hour)	\$70
Brazilian Maintenance (Allow 45 minutes)	\$55
Under Arm (Allow 30 minutes)	\$30
Lip, Chin or Eyebrow (Allow 15 minutes)	\$15

MAKE UP APPLICATION

Special Occasions (Allow 45 minutes)	\$80
Wedding and bridal by consultation	

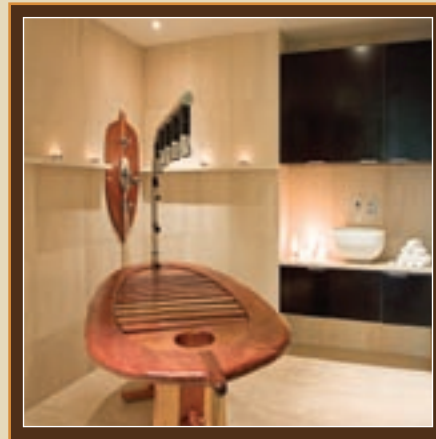
TINTING

Eyeshlash (Allow 30 minutes)	\$25
Eyebrow (Allow 15 minutes)	\$15
Lash and Brow (Allow 30 minutes)	\$35

HAIR SALON

Wash and Style	\$40 short / \$60 long
Women's Cut and Style	from \$60
Mens Cut and Style	from \$40
Mens Clipper Cut	\$25
Full Colour or Highlights	from \$50
Special Occasion Hair Up	from \$65





ABOUT THE SPA



HOURS OF OPENING

Daily from 9am to 8pm. Please book your spa treatments in advance to avoid disappointment.

CANCELLATION POLICY

We understand that sometimes due to changes in your schedule you may need to cancel your appointments. We kindly ask that you give us at least 12 hours notification of a cancellation. If less than 12 hours notice is given a 100% cancellation penalty applies. Every effort will be made to fill cancelled appointments to avoid making a charge to guests. If you are running late we may not always be able to perform the full treatment, however the treatments will be charged in full.

To ensure that your treatments begin on time and you receive the most from your experience at The Spa, we recommend that you arrive at least 15 minutes prior to your appointment time.





ABOUT THE SPA



GIFT VOUCHERS

The perfect gift for a special occasion or for someone special, vouchers are available for individual treatments or packages.

GROUP BOOKINGS

We can co-ordinate your event, party or get-together, whatever the size. Please contact us, so that together we can develop an itinerary to meet your needs.

SPA CUISINE

Light snacks are available for delivery to The Spa, please enquire at The Spa reception. In addition, there are three restaurants and one bar at Millbrook, offering a wide range of cuisine.





HEALTH & FITNESS CENTRE

EVERYTHING YOU NEED TO STAY IN SHAPE



To complement The Spa at Millbrook, guests with an inclination to stay in shape can maintain their fitness programmes at Millbrook's Health and Fitness Centre. The centre features a fully equipped gymnasium bristling with cardiovascular machines, machine weights, free weights and regular exercise classes. Swimmers will appreciate Millbrook's heated 25-metre, salt-chlorinated, three-lane pool.

RECREATIONAL FACILITIES

Tennis courts are available, as are mountain bikes for more invigorating outdoor activity. And of course running and walking take on a whole new meaning along Millbrook's wonderfully scenic tracks and paths. After all this activity, treat yourself to sauna, outdoor spa or hot pool and plan your next Millbrook experience.


TANNING ROOM

Preserve or work on your tan while relaxing on our tanning bed. Available by appointment.

DAY PASSES

\$30 per person (complimentary for in-house guests). Available for \$20 when you book any treatment.





*“Pure focus a warm glow after a workout
completed. Time to breathe, to stretch and
prepare for the day ahead”*



JANESCE



essie



QUEENSTOWN : NEW ZEALAND

THE SPA AT MILLBROOK

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JANESCE



essie



ESC TO EXIT



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